



British Columbia
HOSPICE
PALLIATIVE CARE
Association

In Touch - an electronic resource sent to hospice professionals, volunteers and the community on a monthly basis.

MARCH 2020 E - NEWSLETTER - IN TOUCH

PRESIDENT'S MESSAGE

Dear Hospice Community,

How are you?

Stay home, self isolate is what we all have been hearing from our government officials, news outlets, stakeholders, friends and families.

In Hospice Palliative Care, we believe in caring and supporting those needing hospice care, and grief support and reducing the isolation they may feel. How can we stay safe, follow health official warnings and ensure our hospice providers are well equipped to provide patient-centered care during times of uncertainty and crisis?



These are unprecedented times and we must find ways to deliver services during a time of social distancing and support our family, the people we care for, committees and one another and recognize the importance of hospice palliative care and the role that it plays throughout our communities.

More than ever, Hospice Palliative Care is called upon to help those facing end of life and supporting their families through grief in crisis.

The BCHPCA will be hosting bi-weekly webinars that will focus on Hospice Care and allow for member discussion on highlighting changes that their communities have undergone, since COVID - 19.

This will be an open forum that members, hospice society's, government health officials and stakeholders will participate in, to allow an opportunity to learn from each other and reduce the isolation that some of our members may be feeling during these times. We are a community of caregivers and supporters; let's ensure we are also taking care of ourselves.

Join us and see more details below.

The Board has seen a vibrant and energetic member leave us this past month. Melissa Stalman resigns, due to personal reasons. I want to thank Melissa for her hard work with the Workshops we held last year and her dedication to senior care and the BCHPCA.

On behalf of the Board, thank you, Melissa, for your services and dedication to hospice palliative care in BC and being part of the Board.

Paul Sibley, from Nanaimo Community Hospice Society, has returned to the Board as a Director at Large.

Welcome back Paul!

During this pandemic, the BCHPCA will continue its mission to our members. We keep in mind our member's needs with every decision: **Advocacy, Education, Membership Support and Public Awareness. We are committed to these goals as we navigate current times.**

In this issue, we will be calling for members to join specific committees, thanking our hospice palliative care teams, updating members on COVID along with hospice palliative care resources during times of crisis, tapping into virtual fund development, and bringing to light additional resources that may help during these unprecedented times.

I want to thank our volunteer Board for the continued work and effort they provide, time and time again, to ensure that we continue to advocate for you, our members. We have been meeting and discussing additional services and resources that the association can provide to its members during this crisis. Stay tuned for updates in this area.

On behalf of the Board of Directors of the BC Hospice Palliative Care Association, to you, our members, communities, stakeholders and all, we thank you for your continued support.

Stay healthy and safe,

Donna Flood, President
BC Hospice Palliative Care Association

BOARD OF DIRECTORS



Vice President

SHANNON FREEMAN



Interim Secretary Treasurer &
Regional Director
Vancouver Island

**KEVIN
HARTER**

Regional Director Fraser
VACANT

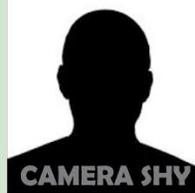


Regional Director Interior
DON DAVIDSON



Regional Director North
JUDI SMART

Regional Director Provincial
VACANT



Director at Large
PAUL SIBLEY

*Next Board meeting will take place in June - Virtually.

BCHPCA is governed by the Board of Directors, who are responsible for setting the policies of the association. The Board of Directors consists of up to 13 members elected at large who serve two-year terms. The board normally meets three to four times per year either by teleconference or face to face and participate in committee work.

BCHPCA is looking to fill some key Board positions. For further information, please feel free to contact the BCHPCA office at (604) 267-7024, Toll Free: 1-877-410-6297 or via email at office@bchpca.org

UPCOMING EVENTS

EVENT NOTICE

Due to the current progression of COVID - 19, most events have been cancelled, pushed to a later date or will be hosted virtually. Please check with the event coordinators for details.



SAVE THE DATE
2020 BCHPCA MOVING

Stay in the know of events, workshops, training and more happening in your community, BC and nationwide.

BCHPCA Hospice Society's Bi - Weekly Webinars Calling all members!

In response to the COVID -19 pandemic and to ensure the association has a better understanding of the challenges that society's may be facing in BC, we will be hosting bi-weekly webinars, for the next two months. These webinars will help guide possible support systems that may be of use to our members and help **facilitate** impact requests to our health **authorities, Ministry officials** and stakeholders in supporting our hospices to **continue** serving **their** communities during these **unprecedented** times.

A RSVP notice will be sent to members and Hospice Society's in the coming days.

April 7, 2020 National Carers Day

National Caregiver Day falls on the 1st Tuesday of April, and is a celebration of the work caregivers provide across the country. On National Caregiver Day, we focus on the challenges faced when **care-giving** for loved ones living with a life limiting illness.

[Details...](#)

April 24 -25, 2020 End of Life Doula Association of Canada Rethinking the End of Life Experience

Innovative and collaborative palliative education conference for health care practitioners. Come and engage with other professionals to support the quality of end of life experiences through interdisciplinary learning.

[Details...](#)

FORWARD TOGETHER CONFERENCE

In the spirit of moving forward collectively, the **BCHPCA will be hosting our 2020 conference in Vancouver in November. Our 2020 AGM will also be held at this time.**

More details to come. Stay tuned!

WORLD HEALTH DAY April 7th, 2020 International Year of the Nurse and the Midwife

Nurses and other health workers are at the forefront of COVID-19 response - providing high quality, respectful treatment and care, leading community dialogue to address fears and questions and, in some instances, collecting data for clinical studies. Quite simply, without nurses, there would be no response



Hospice Palliative Care Upcoming Campaigns/Events for 2020

April 16th, 2020

Advance Care Planning

National Advance Care Planning day, a day to promote conversations about your wishes and values for your future health care.

In this rapidly evolving pandemic of COVID-19, we all need to make sure that our health-care wishes, preferences and choices are known to our family, carers and health-care providers.

[Details...](#)



May 3rd, 2020

Hike for Hospice Palliative Care

Some virtual fundraising tips below in the Fund Development Section

Hike for Hospice Palliative Care is a unique national fundraising event across Canada that brings together organizations working in hospice palliative care to raise funds and awareness in their community!

[Details...](#)



#Hike4Hospice

May 5-11, 2020

National Hospice Palliative Care Week

Let's bust the myths about Hospice Palliative Care!

CHPCA has launched their new 2020 resources for National Hospice Palliative Care week.

Please visit their site for materials.

Some virtual fundraising tips below in the Fund Development Section

[Details...](#)



November 19, 2020

Bereavement Day

Throughout the month of November, culminating on November 19, BCHPCA & CHPCA would like to help promote resources and tools

to help Canadians throughout their grief journeys – for those dealing with grief, bereavement, anticipatory grief, ambiguous grief, and chronic sorrow.

[Details...](#)

Giving Tuesday - 2020 Campaign

Giving Tuesday is a time when charities, companies and individuals join together and rally for favourite causes. In the same way that retailers take part in Black Friday, the giving community comes together for Giving Tuesday.

[Details...](#)



***What's happening? Keep us informed.

Please send event notices and information to office@bchpca.org by the 15th of every month, to be included in our upcoming newsletter, website and social media outlets.***

MEMBERSHIP UPDATES AND SERVICES

MEMBERSHIP RENEWALS ARE WELL UNDERWAY!

If you haven't renewed your membership with BCHPCA, what are you waiting for?

In the coming months, the association will be hosting COVID - 19 Webinar Check-ins, with members, industry leaders and stakeholders, sending out a COVID - 19 Hospice Society Survey and training sessions, and more.



The webinar will be a forum where hospice members will be getting industry-specific information of COVID -19 around the province and what services that are accessible to help during these unprecedented times.

We will also be sending out a Hospice Volunteer & FTE survey that will focus on the current state of hospices during times of crisis.

So, renew today and don't miss out!

If you have any questions about the renewal process, please don't hesitate to contact Pablita Thomas at 604-267-7024 or office@bchpca.org, or by visiting our [website](#).

Thank you for your continued support.

COMMITTEE WORK



Be part of a movement that believes that we all deserve to live, love, die and say goodbye in our own way and SPARK action through conversations, relationships and partnerships which support dying and grieving well.

Come join our committees to further the cause.

We are looking for members to fill the following committees below:

Fund Development Committee

Conference & Awards Committee

Communication & Membership Engagement Committee

Audit & Finance Committee

If any of the above committees spark your interest, and you would like to find out more about them, please contact Pablita Thomas at office@bchpca.org for more details.

COVID - 19 HOSPICE PALLIATIVE CARE RESOURCES

Interior Region Hospice Societies Teleconference

A teleconference was recently organized by the C.O.H.S to allow the various hospice societies in the IHA to exchange information on how they were dealing with the Covid 19 situation. Some 20 societies took time to share ideas and experiences about how they are adapting to the delivery of services during a time of social distancing.

[Read more...](#)



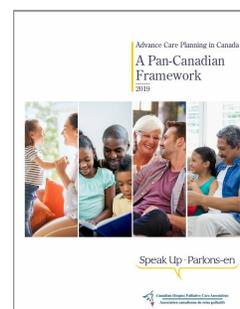
Interior Health

ADVANCE CARE PLANNING RESOURCES



**BC Centre for
Palliative Care**

[More details](#)



[More details ...](#)

GUIDELINES AND BEST PRACTICES



[More details ...](#)

[More details ...](#)

[More details ...](#)

ADDITIONAL RESOURCES

[BC Hospice Palliative Care Association COVID -19 Page](#)

[COVID Visitor Poster](#)

[COVID - 19 Healthcare Planning Checklist](#)

[Public Health Canada](#)

[COVID - 19 Infographic](#)

[Palliative Care and COVID - 19](#)

[BC Centre for Disease Control](#)

[Barry R. Ashpole](#)

FUND DEVELOPMENT



Need help with Fund Development, Fundraising Ideas or Corporate Partner Relationships? Every month we will explore that here...

This area of our newsletter will focus on fund development do's and don'ts and also share community and member fund development, grants, updates, strategies and know-hows.

Have any tips for fund development or ideas? Share them with us at office@bchpca.org so that we can share the information to all our

WORKING AND FUNDRAISING REMOTELY

**What does that mean for your organization?
Are you prepared?
Do you have what you need?**

Here is some additional information to consider when transitioning to remote work during these unprecedented times.

[Read more ...](#)

With the pandemic of COVID-19, we have all seen a shift to working remotely and social distancing.

Things to consider, on the people side:

Volunteer retention and engagement
Employee productivity
Managing Relationships and expectations

Things to consider, on the technical side:

Work from home policies
Project management software
Chat apps
Video conferencing software
Documentation tools (records management, etc)
Fundraising Tools

Looking for more information?

We will be discussing this further at our Hospice Society webinar in the coming weeks.

May 3rd, 2020

Hike for Hospice Palliative Care

A lot of members have been asking what they can do to ensure their events take place as they depend on community funding to continue the services they provide.

Given that current times may not be what we are accustomed too, there are some creative ways to host events virtually with positive outcomes.

Look at hosting this event on Youtube and have your participating volunteers post their videos with your event # (hashtag) to support your cause.

Looking for more options?

We will be discussing this further at our Hospice Society webinar coming up next week.



#Hike4Hospice

May 5-11, 2020

National Hospice Palliative Care Week

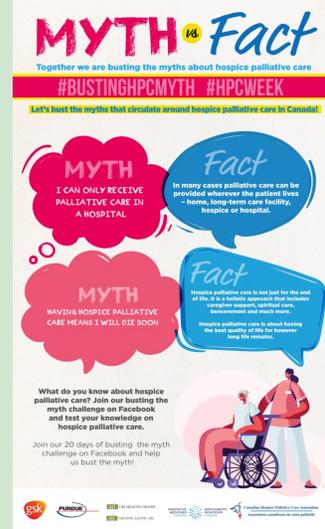
Let's bust the myths about Hospice Palliative Care!

This is a wonderful opportunity to connect with your community via media outlets (conducting over the phone interviews), setting up information webinars or having volunteers call community member's asking if they have begun the discussion on Advance Care Planning.

This may also be an opportunity to promote your hospice and the services it provides your community.

Looking for more options?

We will be discussing this further at our Hospice Society bi-weekly webinars.



Ever wondered what a **Virtual Campaign or event might look like?** Well, we have something in store for you. Check out [Mobilecause](#) Virtual Event Ideas to help continue awareness and raise funds, during time of isolation and social distancing.

- Virtual Ideas:**
- Peer to Peer Fundraising
- Virtual Information Sessions
- Silent Auctions
- Matching Gifts Support
- Social Media Awareness Campaign
- Community Outreach Tools



If you haven't already, this is a great time to boost your social media presence, and come up with a virtual media campaign that will help your organization get the online presence it deserves. What ever event, program or initiative you envision for your organization during these times, make sure it's **SMART: Specific, Measurable, Attainable, Relevant and Timely.** **Happy Fundraising - Virtually!**

FUND DEVELOPMENT EVENTS

Share with us some of your events and fundraising ideas you plan to host **virtually** or have hosted in the past. Please send event pictures to office@bchpca.org so that we can post them on our social media sites and in our next months newsletter.



ADVOCACY & POLICY

BC Hospice Palliative Care Association Hospice Society COVID - 19 Survey

BCHPCA will be sending out a short online survey that will help in gathering information and data about the current status of hospices in BC as we navigate COVID - 19.

Once the survey is received and analyzed, we will be providing the results back to all respondents, in a way that highlights key challenges in a regional and provincial lens that will guide us in compiling a collective impact report for the ministry, so that they can understand the challenges the hospice societies are facing during this pandemic, and how it is impacting volunteers, staff and service delivery to the community.

This will also provide some clarity on additional funding resources that hospice societies may benefit from and need to continue their services and existence within their communities during these unprecedented times.

The survey will be sent out soon.

PARTNERS AND STAKEHOLDERS



[BC Centre for Palliative Care](#)



[The Sovereign Order of St. John](#)



[Canadian Hospice Palliative Care Association](#)

New Sovereign Order of St John (SOSJ) Grant Application Process Now Online



Sovereign Order of St. John of Jerusalem,
Knights Hospitaller
Vancouver Commandery



We are excited to announce the launch of our new online grant application format, effective for our first-quarter deadline of March 1, 2020. In response to the feedback we have received from our former grant recipients, we have incorporated their input into the new format.

The goal of the new format is, above all, to better enable applicants to successfully complete the required information.

Under the Grants section of the Vancouver Commandery [website](#), applicants will find a [web-based Application Form](#), along with an [informative Application Guide](#), and a [Grant Evaluation Guide](#).

So whether someone is applying for a grant for the first time or have applied before, the information in this improved form and guide will help applicants complete the SOSJ grant application as easily as possible.

Take the time to visit our website and familiarise yourself with our Grant process and criteria. We welcome your input and feedback.

If you have any questions, please feel free to

contact our Administrator

Sarah Turnbull at:

admin@sosjvancouver.org

(604) 682 - 2938

Susan Scott Gabe and John Jennings,

Co-Chairs, Projects Committee



CHPCA - Canadian Compassionate Companies Designation Award

The Canadian Hospice Palliative Care Association and its Champion's Council award the designation of a CCC if a company meets at least three out of five criteria. It is a very stressful and difficult time when a loved one is dying and/or near death. The financial security of an employee's family may be jeopardized while caring for a gravely ill family member. Employers who are taking up the challenge are rightfully recognized for taking this important step that supports their employees, their families and their communities.

[READ MORE](#)

COMMUNITY & SUPPORT



Bereavement Helpline - STILL OPEN DURING COVID -19

The **BC Bereavement Helpline** is still open Monday - Friday, 9am to 5pm to assist anyone coping with grief and loss. Our staff and volunteers are available for referrals and compassionate listening. You can also still email us with any questions to contact@bcbh.ca. Stay safe! Stay healthy!

Toll free 1-877-779-2223

[Read more...](#)

AFFILIATE MEMBERS ADVERTISE WITH THE BCHPCA

BCHPCA will be accepting advertising space in our March newsletter, and begin posting on our social media outlets and website. We have just finalized our affiliate member advertising package and will be sharing this with our Affiliate members next week. Please keep an eye on your



emails.

ORGANIZATIONAL MEMBERS SEND US YOUR LOGO

The BCHPCA would like to showcase our society's and who they are. We will be updating our website and as part of our revamping, we would like to include the logos of each of our Organizational Members. Please send your logo to our [office via email](#) to be included on our website.

BC Hospice Palliative Care Association

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office@bchpca.org

We respectfully acknowledge that we work on the ancestral, traditional, and unceded lands of the Coast Salish Peoples, including the territories of the Musqueam, Squamish, and Tsleil-Waututh Nations.

WHO WE ARE

BC Hospice Palliative Care Association is a not-for-profit, membership organization, which has been representing individuals and organizations committed to promoting and delivering hospice/palliative care to British Columbians since 1986.

We are focused on Advocacy, Education, Membership Support and Public Awareness.

www.bchpca.org



BCHPCA is proud to represent the Hospice Palliative Care Community of BC

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