

A YEAR IN REVIEW AND A LOOK FORWARD



JANUARY 2020 E - NEWSLETTER

PRESIDENT'S MESSAGE

Happy New Year,

As we begin a New Year, we would like to look back and review the highlights of 2019, and share what we can look forward to in 2020.

BCHPCA saw many changes in 2019, new Board members a shift in operational management and a member survey that provided the Board with a clear vision on its future path.

As we continue to grow the associations' place within the hospice palliative care community within BC, we keep in mind our member's needs with every decision: **Advocacy, Education, Membership Support and Public Awareness**. We are committed to growing within these areas in 2020 and continue being the voice for our members and community.

With the departure of our Operational Manager, Anglea McLauren, as she returns to the Humane Society, on behalf of the Board, I would like to thank Anglea for all the hard work she has put into BCHPCA during a time of transition. **Thank you!**

I want to introduce Pablita Thomas to the BCHPCA family. Pablita has joined BCHPCA in the capacity of Interim Executive Director as of January 6th to support the association's advocacy initiatives, operational growth, and helping us organize our **2020 BCHPCA Moving Forward Together Conference**.

Pablita is an experienced executive and trilingual communicator (French, English and Spanish). Her advocacy and membership engagement skills have helped organizations with growth and awareness. With a proven track record in operations, managing staff, strategic budgeting, regulations, policy building and stakeholder engagement. She has exceptional knowledge and experience in the private and public sectors with an emphasis on health and social services and is uniquely qualified to work with all levels of staff, Board and funders.

Pablita is an honours graduate with a Bachelor of Applied Science in Family & Community Social Services. Also, she is currently completing her MBA through the Australian Institute of Business.

We look forward to working with her as she gets up to speed with the association and as a new BC resident. **Welcome, Pablita!**



BOARD OF DIRECTORS

CAMERA SHY



CAMERA SHY

Past President

VACANT

Vice President

SHANNON
FREEMAN

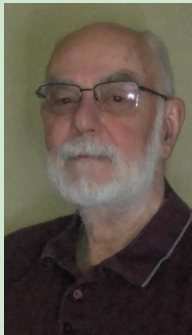
Vice President

MARISSA
STALMAN

Secretary
Treasurer

PAULO
MARTINS

Regional
Director Fraser
VACANT



CAMERA SHY



Regional
Director Interior
DON DAVIDSON

Regional
Director North
JUDI SMART

Regional
Director
Provincial
VACANT

Regional
Director
Vancouver
Coastal
VACANT

Regional
Director
Vancouver
Island
KEVIN HARTER

*Next Board meeting will take place in March. Location and date to be decided.

BCHPCA is governed by the Board of Directors, who are responsible for setting the policy of the association. The Board of Directors consists of up to 13 members elected at large who serve two-year terms. The board normally meets three to four times per year either by teleconference or face to face and participate in committee work.

BCHPCA is looking to fill some key Board positions. For further information, please feel free to contact the BCHPCA office at (604) 267-7024, Toll Free: 1-877-410-6297 or via email at office@bchpca.org

2019 - A YEAR OF REVIEW

WORKSHOPS

The BCHPCA 2019 Workshops, organized in conjunction with the BC Centre for Palliative Care, were a huge success! Thank you to all attendees and contributors. Together, we continue to advance hospice palliative care in British Columbia.



A wide range of topics was covered during the workshops this year, including **Fundraising and Social Media Fundamentals; Gaming Grant Basics; Volunteering in the Non-Profit sectors; Care for Persons Living with Dementia; Advanced Care Planning; and Spreading Compassionate Communities.**

Thank you Sovereign Order of St. John of Jerusalem for your sponsorship and the grant opportunities made available to our members. Your generous support of our organization has helped us facilitate these workshops across British Columbia.

MEMBERSHIP SURVEY

BCHPCA sent out a survey for all members to partake in 2019. A significant amount of time to thoroughly analyze the survey data was undertaken, and developing new strategies based on the feedback received is underway.

Survey Summary attached [here](#)

87.5% of respondents see BCHPCA's role as one of advocacy, we are now planning innovative ways to elevate our voice as a united one for hospice-palliative care in the province of B.C.

Survey responses also indicated priorities our members would like the association to focus on, including; **advocacy, education, membership support, and public awareness. We will be establishing focused working groups on these priorities, and inviting members to volunteer alongside the Board.** Please stay tuned



A LOOK FORWARD TO 2020

INTERIM EXECUTIVE DIRECTOR MESSAGE

Hello BCHPCA Members and Stakeholders,

I am eager and committed to working alongside individuals and organizations that represent a community of service providers and trained volunteers within the hospice palliative care space that care for individuals and their families with their end of the life needs.

My commitment to ensuring that **you** as members are represented at government round tables, seen as instrumental service providers within the community and spreading the word of hospice palliative care will be at



the forefront of everything I do as Interim ED and communication by BCHPCA.

Advocacy, good governance, transparency, equality and integrity is what I will bring to this role and in order to further build on the mission, vision and values of the association and members.

I am excited about working with the Board and I aim to further grow the membership and advocate for those within the Hospice and Palliative care community for continued growth and representation.

So, let's get started!

UPCOMING EVENTS

COMMUNITY EVENTS

Stay in the know of events, workshops, training and more happening in your community, BC and nationwide.

January 29, 2020
Vancouver Hospice Society
Bereavement walking group
[Details...](#)

February 5, 2020
Room 217's Virtual Learning Studio
Evidence-based music care courses.
Certificates of completion are offered after all modules are completed.
[Details...](#)

February 10 - 11, 2020
Charter Professional Accountants
Not-for-profit forum 2020
Through a series of talks and interactive sessions, you'll develop actionable insights that tie mission to growth and boost performance outcomes. Plus, explore the latest issues in policy, compliance,



SAVE THE DATE 2020 BCHPCA MOVING FORWARD TOGETHER CONFERENCE

In the spirit of moving forward collectively, the **BCHPCA will be hosting our 2020 conference in Vancouver at the Radisson Hotel this year November.**

More details to come. Stay tuned!

UPCOMING..
2020 BCHPCA AGM
More details to come. Stay tuned!

HAPPY CHINESE NEW YEAR!

**January 25, 2020 marks the Year
of the Rat**

Lunar New Year Festival is your guide

disruptive tech and more from
Canada's top not-for-profit experts
[Details...](#)

to discovering the abundance of
Lunar New Year events across
Vancouver and Richmond

#LunarFestivalBC

[Details...](#)

February 13, 2020

Village Vibes

**Free Webinar - Empathy: The Secret
Sauce in Effective Diversity, Equity
and Inclusion**

[Details...](#)



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Should you have an event that you would like the BCHPCA to promote on our social media outlets, website and newsletter for the following month, please submit your events by the 15th of every month to office@bchpca.org.

MEMBER & VOLUNTEER SPOTLIGHT

MEMBER SPOTLIGHT

Calling all Members!

Every month, the BCHPCA will be spotlighting up to three members within our communities. The BCHPCA wants to highlight what hospice palliative care looks like in BC. Help us by sending in one or two pictures with a blurb about the member organization or individual you would like to spotlight. **Submissions are due every 15th of the month and can be sent to office@bchpca.org and will be included in the following month's newsletter and shared on BCHPCA social media outlets.**



VOLUNTEER SPOTLIGHT

Shining a Spotlight on Hospice Volunteers!

Every month, the BCHPCA will be spotlighting up to three volunteers within our province.

Thanks to our volunteers, we can provide the much-needed service that our community needs within the hospice palliative care community. BCHPCA would like to spotlight these fantastic volunteers monthly.

Please send a headshot of your volunteer in action, with a few words that describe their continued commitment to care. **Submissions are due every 15th of the month and can be sent to office@bchpca.org and will be included in the following month's newsletter and shared on BCHPCA social media outlets.**

MEMBERSHIP UPDATES AND SERVICES

MEMBERSHIP RENEWALS ARE NOW OPEN!

The time has come for you to renew your membership with BCHPCA.

If you have any questions about the renewal process, please don't hesitate to contact Pablita Thomas at 604-267-7024 or office@bchpca.org, or by visiting our [website](#).

Thank you for your continued support.



COMMITTEE WORK



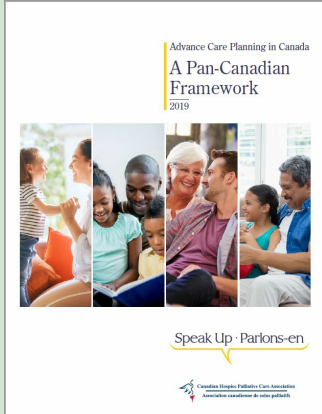
We are excited about the upcoming year and would like you to get involved with committee work. We currently have a few vacant positions and are seeking interested parties.

We will be putting a call out for committee members in next month's newsletter for interested members.

Please stay tuned for an update on available committees and positions.

CANADIAN HOSPICE PALLIATIVE CARE ASSOCIATION RELEASES AN UPDATED NATIONAL FRAMEWORK FOR ADVANCE CARE PLANNING IN CANADA

Advance Care Planning (ACP) in Canada initiative, led by the Canadian Hospice Palliative Care Association (CHPCA) has released an updated National Framework for ACP. This new



Framework includes an updated plan for implementation of ACP in Canada.

[Details...](#)

FUND DEVELOPMENT



Need help with Fund Development, Fundraising Ideas or Corporate Partner Relationships? Every month we will explore that here...

This area of our newsletter will focus on fund development do's and don'ts and also share community and member fund development strategies and know-hows.

Here's a few tips to get you started on the right foot, this New Year...



10 New Year's Resolutions for Nonprofit Professionals

Starting the New Year with a bang. Try some of these New Years tips to get you started on the right track



Drivers of greater donation behaviour

Take a deeper dive into behavior of new generational giving. What does that mean for your organization and community?



2020 Fundraising Calendar

It's a new year. Have you thought about your fundraising efforts and what the year will look like? Here is a great way to get started.

Ever wondered what an **Annual fundraising plan** looks like? Well, we have something in store for you. Check out **Mobilecause** for free e-resources on just that. If you are a small society with limited resources, or perhaps just don't know where to start to engage your community, use this as a great starting tool, that you can customize for the entire year. It will keep you on track and have things planned out



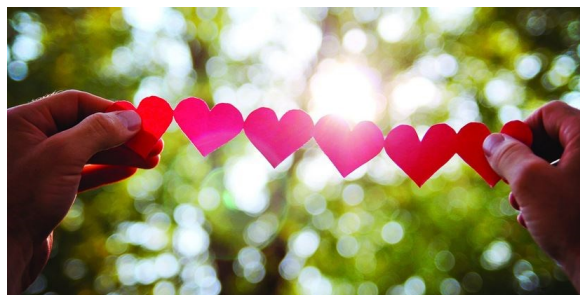
What ever event, program or initiative you envision for your organization this year, make sure it's **SMART: Specific,**

for quick and smoother execution.

Measurable, Attainable, Relevant and Timely.
Happy Fundraising 2020!

IN LOVE WITH HOSPICE PALLIATIVE CARE

Valentine's is just around the corner. Please share with us some of your Valentine fundraising ideas and events you plan to host, in honour of **Hospice Palliative Care**. Please send events and pictures to office@bchpca.org so that we can post them on our social media sites for the entire month of February and in our next months newsletter.



ADVOCACY & POLICY

Medical Assistance in Dying (MAiD)

The CHPCA designed a position statement to clarify the role of hospice palliative care, in MAiD, within a legal framework across Canada. The CHPCA strongly advocates for universal access to high-quality hospice palliative care to address the suffering experienced by patients with a life-threatening illness and their families. The statement is broad-based and encompasses all service providers including volunteers and caregivers.

[READ MORE](#)

Canadian Survey on MAiD is OPEN Share your views and opinion - IT MATTERS! Closes - Monday, January 27, 2020, at 11:59 p. m. (PST)

There's a new survey out for Canadians from the Canadian government asking for opinions on Medical Assistance in Dying (MAiD). Your feedback is requested and will help to determine the changes in policy.

The Government of Canada is preparing to launch a full review of the MAiD law this summer in response to the recent Quebec court ruling. Updating Canada's MAiD law will expand eligibility for MAiD beyond people who are nearing the end of life, and could possibly result in other changes once the review is complete. This questionnaire offers Canadians the opportunity to share their views with the Government of Canada on this deeply personal and very important issue.

[PARTICIPATE](#)

Expanding palliative, end-of-life care

People in Greater Victoria will benefit from improved



Ministry of
Health

palliative and end-of-life care with more community hospice beds and acute palliative care beds at the Royal Jubilee Hospital.

Victoria

Wednesday, December 11, 2019 12:15 PM

[READ MORE](#)

PARTNERS AND STAKEHOLDERS



[BC Centre for
Palliative Care](#)

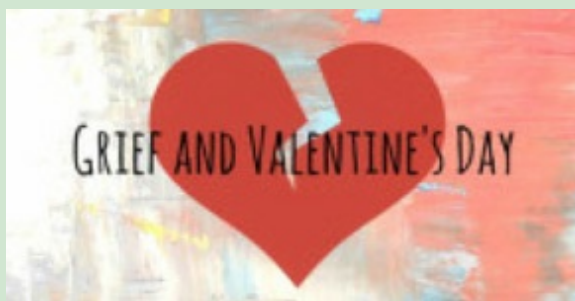


[The Sovereign
Order of St.
John](#)



[Canadian
Hospice
Palliative Care
Association](#)

COMMUNITY & SUPPORT



SELF CARE STRATEGIES FOR VALENTINE'S DAY

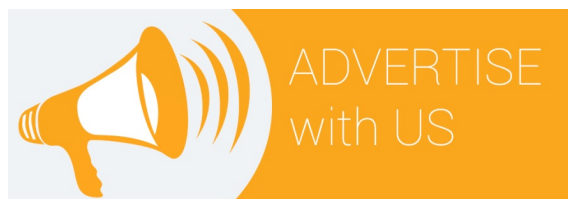
Valentine's Day or season can be a tricky time of year for many that are grieving. Please click on the link below to explore some strategies in coping during this time.

"Be Gentle with yourself! Be Kind to yourself! Allow the Grief in".

[Read more...](#)

ADVERTISE WITH THE BCHPCA

BCHPCA will be providing advertising space on our newsletter, social media outlets and website. We are currently reviewing this process and revamping our platforms to allow for this change. More to come in next months e-newsletter.
[Stay tuned!](#)



[BC Hospice Palliative Care Association](#)

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Vancouver, BC V6P 6G5
Office: 604-267-7024

WHO WE ARE

BC Hospice Palliative Care Association is a not-for-profit, membership organization, which has been representing individuals and organizations committed to promoting and delivering hospice/palliative care to British Columbians since 1986.

Toll-free: 1-877-410-6297
office@bchpca.org

We are focused on Advocacy, Education, Membership
Support and Public Awareness.

www.bchpca.org



BCHPCA is proud to represent the Hospice Palliative Care Community of BC