

In Touch - an electronic resource sent to hospice professionals, volunteers and the community on a monthly basis.

### FEBRUARY 2020 E - NEWSLETTER - IN TOUCH

# PRESIDENT'S MESSAGE

### Dear Members,

What a month this has been!

With the end of year funding submittal creeping up and spring soon in the arisen, it feels like all things hospice palliative care is ever-shifting, expanding and growing.

The Board has seen a long-standing Board member, Paulo Martin resigns, due to family reasons. I want to thank Paulo for his dedication here at the BCHPCA. Paulo brought financial acumen to the Board as a chartered accountant. On behalf of the Board, thank you, Paulo, for your services and dedication to hospice palliative care in BC.



In the interim, Kevin Harter, our Vancouver Island Regional Director, has graciously stepped in to fill the role and support Pablita, our new Interim ED, until the AGM.

As we cement the associations' place within the hospice palliative care community in BC, we keep in mind our member's needs with every decision: **Advocacy**, **Education**, **Membership Support and Public Awareness**. **We are committed to these goals as we steam ahead in 2020**. We will invite government leaders and decision-makers to the table to open the dialogue of access to hospice palliative care within our communities.

In this issue, we will be calling for members to help us with our commitment to our membership by joining committees and the Board and being part of the BCHPCA fabric by volunteering your time to continue the mission of awareness and access to hospice care in BC.

I want to thank our volunteer Board for the continued work and effort they provide, time and time again, to ensure that we continue to advocate for you, our members. Thank you!

On behalf of the Board of Directors of the BC Hospice Palliative Care Association, to you, our members, we thank you for your continued support.

Donna Flood, President
BC Hospice Palliative Care Association





**Vice President SHANNON FREEMAN** 



**Vice President MARISSA STALMAN** 



**Interim Secretary** Treasurer & **Regional Director** Vancouver Island **KEVIN HARTER** 

**Regional Director** Fraser **VACANT** 



**Regional Director Interior DON DAVIDSON** 



**Regional Director North JUDI SMART** 

**Regional Director Provincial VACANT** 

\*Next Board meeting will take place in March in Victoria. Location to be decided.

BCHPCA is governed by the Board of Directors, who are responsible for setting the policy of the association. The Board of Directors consists of up to 13 members elected at large who serve two-year terms. The board normally meets three to four times per year either by teleconference or face to face and participate in committee work.

BCHPCA is looking to fill some key Board positions. For further information, please feel free to contact the BCHPCA office at (604) 267-7024, Toll Free: 1-877-410-6297 or via email at office@bchpca.org

# **FEBRUARY IN REVIEW**



The BCHPCA is deeply sadden by current events





# **UPCOMING EVENTS**

### **COMMUNITY EVENTS**

Stay in the know of events, workshops, training and more happening in your community, BC and nationwide.

## March 27 - 28, 2020 Traumatic Loss Support Group Facilitator Training

The Traumatic Loss Facilitator Training is a 2-day program that introduces the basics of facilitating the BCBH/BC Victims of Homicide closed, 8-week support group model for traumatic loss. Details...

## April 7, 2020 National Carers Day

National Caregiver Day falls on the 1st Tuesday of April, and is a celebration of the work caregivers provide across the country. On National Caregiver Day, we focus on the challenges faced when **care-giving** for loved ones living with a life limiting illness.

Details...

April 24 -25, 2020 End of Life Doula Association of Canada

### **Rethinking the End of Life Experience**

Innovative and collaborative palliative education conference for health care



## SAVE THE DATE 2020 BCHPCA MOVING FORWARD TOGETHER CONFERENCE

In the spirit of moving forward collectively, the BCHPCA will be hosting our 2020 conference in Vancouver in November. Our 2020 AGM will also be held at this time.

More details to come. Stay tuned!

In the month of March there is so much to celebrate. Here are a few health awareness celebrations to keep in mind while you role out your actives this month



practitioners. Come and engage with other professionals to support the quality of end of life experiences through interdisciplinary learning.

Details...



## **Hospice Palliative Care Upcoming Campaigns/Events for 2020**

### May 3rd, 2020 Hike for Hospice Palliative Care

Hike for Hospice Palliative Care is a unique national fundraising event across Canada that brings together organizations working in hospice palliative care to raise funds and awareness in their community! Details...



#Hike4Hospice

### May 5-11, 2019 National Hospice Palliative Care Week

The first full week of May marks National Hospice Palliative Care Week in Canada. National Hospice Palliative Care Week is a time to celebrate and share achievements of hospice palliative care throughout the nation.

Details...



### November 19, 2020 Bereavement Day

Throughout the month of November, culminating on November 19, BCHPCA & CHPCA would like to help promote resources and tools to help Canadians throughout their grief journeys – for those dealing with grief, bereavement, anticipatory grief, ambiguous grief, and chronic sorrow.

Details...

# #WELIVE#WEGRIEVE

### Giving Tuesday - 2020 Campaign

Giving Tuesday is a time when charities, companies and individuals join together and rally for favourite causes. In the same way that retailers take part in Black Friday, the giving community comes together for Giving Tuesday.

Details...



\*\*\*What's happening? Keep us informed.

Please send event notices and information to office@bchpca.org by the 15th of every month, to be included in our upcoming newsletter, website and social media outlets.\*\*\*

# **MEMBER & VOLUNTEER SPOTLIGHT**

### **MEMBER SPOTLIGHT**

Shining a Spotlight on Hospice Society's!

# Revelstoke Hospice Society "Aspire to inspire before you expire"

Small yet mighty, is what Theresa Hamilton, Executive Director of Revelstoke Hospice would say about her society. This 1 FTE, 30 volunteer society, provides the community of Revelstoke with programs, such as; Pals visitation, Palliative Care and Walking program, just to name a few. Take a look at their hospice on wheels program. "Comfort cart for families who are journeying with their loved one in palliative care."





The BCHPCA would like to thank the Revelstoke Society for sharing their achievements with us and congratulate them with all the success and hard work they provide throughout the year to their community.

We'd love to hear more from our members!

Submissions are due every 15th of the month and can be sent to <a href="mailto:office@bchpca.org">office@bchpca.org</a> and will be included in the following month's newsletter and shared on BCHPCA social media outlets.

#### **VOLUNTEER SPOTLIGHT**

**Shining a Spotlight on Member Volunteers!** 



BC Bereavement Helpline since September of 2019 and has vastly enjoyed being a part of the organization. She is currently a third year UBC student and is pursuing a bachelors in Social Work. She wishes to go on to achieve a masters in the future and work along the lines of counselling and in the field of a family social worker. Gurleen began volunteering at the Helpline to experience and learn more about assisting bereaved individuals. She also knows first hand how crucial it is to have the appropriate support during a time of grief and wishes

to help others through encouragement and referral to efficient services. She truly enjoys answering phone calls and allowing bereaved individuals to know that they are not alone and help is available.

Do you have a volunteer you would like to Spotlight? Submissions are due every 15th of the month and can be sent to office@bchpca.org and will be included in the following month's newsletter and shared on BCHPCA social media outlets.

# **MEMBERSHIP UPDATES AND SERVICES**

### **MEMBERSHIP RENEWALS ARE NOW OPEN!**

We are undergoing some changes to our back end renewal system. We are going to be implementing a more member engagement level platform that will allow for this. Our apologies for any glitches some may encounter while we transfer over. Thank you



If you have any questions about the renewal process, please don't hesitate to contact Pablita

Thomas at 604-267-7024 or office@bchpca.org, or by visiting our website.

Thank you for your continued support.

### **COMMITTEE WORK**



We are excited about the upcoming year and would love some support from you to get involved with committee work. We currently have a few committee member positions and are seeking interested parties within the following committees:

If any of the above committees spark your interest, and you would like to find out more about them, please contact Pablita Thomas at <a href="mailto:office@bchpca.org">office@bchpca.org</a> for more details.



# **Engaging Stakeholders to Improve Policy and Access to Quality Palliative Care in Canada**

The Stakeholder Analysis Report from Palliative Care Matters titled Engaging Stakeholders to Improve Policy and Access to Quality Palliative Care in Canada, is out.

Report

News, Views & Inspiration from around the world

Visit the website





### **PAH Foundation Lodge**

The brand new PAH Foundation Lodge is a 200-bed residential care facility featuring the 15-bed George & Sylvia Melville Hospice Home, and a 73-bed elder mental health unit. Will open across the street from Peace Arch Hospital this spring 2020.

Details

# **FUND DEVELOPMENT**



Need help with Fund Development, Fundraising Ideas or Corporate Partner Relationships? Every month we will explore that here...

This area of our newsletter will focus on fund development do's and dont's and also share community and member fund

development, grants, updates, strategies and know-hows.

Have any tips for fund development or ideas? Share them with us at <a href="mailto:office@bchpca.org">office@bchpca.org</a> so that we can share the information to all our members.



# NEW 2020 GAMING GRANT GUIDELINES

The Community Gaming
Grant Program Guidelines
have been updated for 2020,
to reflect changes to
Community Gaming Grant
Branch policies and to
improve overall
readability. Key changes to
the 2020 Program Guidelines
and application are listed in
the new guidelines.

### Read more...

NOTICE - 2019/20 Human and Social Services sector has been delayed from the expected deadline of February 28, 2020. All applicants will receive notification over the next several weeks.



### NEED VOLUNTEERS? TRY VOLUNTEER NOW

Volunteer Now BC offers a one-stop-shop for volunteering. Search and apply for multiple volunteer opportunities.

#### Find out more...



### WALMART CANADA GRANTS

Walmart Canada cares about the well being of communities across Canada. We consider it our responsibility to give back to causes and organizations that are having a positive impact on communities across the country, so Canadians can live better. By partnering with local, regional and national organizations, we are able to deliver on our mission of supporting Canadian families in need.

Hospices can apply every 3 months to your local Walmart under the Walmart Corporate Giving program. Thanks Theresa for sharing!

Find out more...



# HIKE FOR HOSPICE PALLIATIVE CARE

What are you doing to raise awareness and funds?

Need help with starting up your own event? CanadaHelps may be the help you need. Check out their **power point guide** to starting off your event.

Need more information, visit their website.

CHPCA is also a great resource in getting you going. Check them out, **here**.

Ever wondered what an Annual fundraising plan looks like? Well, we have something in store for you. Check out **Mobilecause** for free e-resources on just that. If you are a small society with limited resources, or perhaps just don't know where to start to engage your community, use this as a great starting tool, that you can customize for the entire year. It will keep you on track and have things planned out for quick and smoother execution.



What ever event, program or initiative you envision for your organization this year, make sure it's *SMART*: **Specific**, **Measurable**, **Attainable**, **Relevant and Timely**. **Happy Fundraising 2020!** 

### **FUND DEVELOPMENT EVENTS**

Share with us some of your events and fundraising ideas you plan to host or have hosted in the past.

Please send event pictures to 
office@bchpca.org\_so that we can post them on our social media sites and in our next months newsletter



# **ADVOCACY & POLICY**

### **BC Hospice Palliative Care Association Response to Decision Makers**

The BC Hospice Palliative Care Association was sadden to hear on February 25 that Delta Society would lose their longstanding funding with Fraser Health Authority as of 2021. This announcement came from the Minister of Health, Adrian Dix.

What really concerned us about this decision from the Ministry is that limited to no consultation was made with hospice leaders or the BCHPCA prior to the decision being made public.

We must ensure that precedent-setting decision like this must have an inclusion process to ensure dialogue and participation of hospice leaders which will aid in a better understanding of hospice palliative care and its viability to the community is had.

We will invite the Ministry to a open dialogue of accessing hospice palliative care, and who we are as an organization to help future decision making within our province.

Statement Title: Response to Delta Hospice Society's Loss of Funding Approved by Board of Directors: February 28, 2020 Vancouver - Friday, February 28, 2020 2:45 PM

**READ MORE** 

# **UPDATE - Canadian Survey on MAiD is CLOSED**

The Government of Canada is preparing to launch a full review of the MAiD law this summer in response to the recent Quebec court ruling.

Please see updated information from survey conducted in January on the Justice site below.

**READ MORE** 

# PARTNERS AND STAKEHOLDERS







**BC Centre for Palliative Care** 

The Sovereign
Order of St.
John

Canadian
Hospice
Palliative Care
Association

# New Sovereign Order of St John (SOSJ) Grant Application Process Now Online



Sovereign Order of St. John of Jerusalem, Knights Hospitaller Vancouver Commandery



We are excited to announce the launch of our new online grant application format, effective for our first-quarter deadline of March 1, 2020. In response to the feedback we have received from our former grant recipients, we have incorporated their input into the new format.

The goal of the new format is, above all, to better enable applicants to successfully complete the required information.
Under the Grants section of the Vancouver Commandery website, applicants will find a web-based Application Form, along with an informative Application Guide, and a Grant Evaluation Guide.

So whether someone is applying for a grant for the first time or have applied before, the information in this improved form and guide will help applicants complete the SOSJ grant application as easily as possible. Take the time to visit our website and familiarise yourself with our Grant process and criteria. We welcome your input and feedback.

If you have any questions, please feel free to contact our Administrator

Sarah Turnbull at: admin@sosjvancouver.org (604) 682 - 2938

Susan Scott Gabe and John Jennings, Co-Chairs, Projects Committee





# CHPCA - Canadian Compassionate Companies Designation Award

The Canadian Hospice Palliative Care Association and its Champion's Council award the designation of a CCC if a company meets at least three out of five criteria. It is a very stressful and difficult time when a loved one is dying and/or near death. The financial security of an employee's family may be jeopardized while caring for a gravely ill family member. Employers who are taking up the challenge are rightfully recognized for taking this important step that supports their employees, their families and their communities.

**READ MORE** 

# **COMMUNITY & SUPPORT**



# **Bereavement Helpline**

The Bereavement Helpline is a non-profit, free, and confidential service that connects the public to grief support services within the province of BC.

The call is free, confidential, and anonymous. They will help find the most appropriate support for the griever's needs.

Toll free 1-877-779-2223

Read more...

# AFFILIATE MEMBERS ADVERTISE WITH THE BCHPCA

BCHPCA will be accepting advertising space in our March newsletter, and begin posting on our social media outlets and website. We have just finalized our affiliate member advertising package and will be sharing this with our Affiliate members next week. Please keep an eye on your emails.



### **ORGANIZATIONAL MEMBERS**

#### **SEND US YOUR LOGO**

The BCHPCA would like to showcase our society's and who they are. We will be updating our website and as part of our revamping, we would like to include the logos of each of our Organizational Members. Please send your logo to our office via email to be included on our website.

# BC Hospice Palliative Care Association

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\*\*\*We respectfully acknowledge that we work on the ancestral, traditional, and unceded lands of the Coast Salish Peoples, including the territories of the Musqueam, Squamish, and Tsleil-Waututh Nations.\*\*\*

#### **WHO WE ARE**

BC Hospice Palliative Care Association is a not-forprofit, membership organization, which has been representing individuals and organizations committed to promoting and delivering hospice/palliative care to British Columbians since 1986.

We are focused on Advocacy, Education, Membership Support and Public Awareness.

### www.bchpca.org







### **BCHPCA** is proud to represent the Hospice Palliative Care Community of BC

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