



British Columbia
HOSPICE
PALLIATIVE CARE
Association

CONFERENCE 2016

PLANS, PARTNERSHIPS, PROMOTIONS and PRACTICALITIES



FRIDAY and SATURDAY, May 27-28, 2016

RADISSON VANCOUVER AIRPORT HOTEL

8181 CAMBIE ROAD, RICHMOND, BC



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WELCOME

Dear Conference Participants,

It is my pleasure to welcome you to BC Hospice Palliative Care Association's Conference 2016 focused on PLANS, PROMOTIONS, PARTNERSHIPS and PRACTICALITIES. We aim to please, and in serving you, our dedicated members, we are focusing on initiatives to improve the quality of end-of-life care and bereavement services for the citizens of BC. We trust you will visit some, learn more and enjoy much over the next few days. Thank you for coming and sharing your wisdom and energy!



Margaret (Meg) Milner, RN, BSN, MA
BCHPCA President

Board of Directors

President	Margaret (Meg) Milner
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STRATEGIC PLAN

Societal Vision

Dying and grieving are part of life.

Every British Columbian will have a personal advance care plan and access to responsive, quality care when dying or grieving.

Organizational Vision

Every British Columbian adult will have a personal advance care plan in a secure provincial registry accessible to their care providers.

Mission

BCHPCA leads in

- promoting responsive, quality hospice palliative care in British Columbia;
- educating British Columbians on personal advance care planning; and
- advocating for equitable access to responsive, quality care.

Values

BCHPCA

- respects its relationships and partnerships
- is compassionate and caring
- is progressive and focused
- is trustworthy

Strategic Goals

BCHPCA will

- engage and educate British Columbians, including public leaders, about responsive, quality care and advance care planning;
- develop resources with its partners for British Columbians to discuss, document, and register their advance care plans; and
- increase and diversify sustainable revenue and other resources, and recruit effective people to implement its strategic plan.

PROGRAM AT A GLANCE

FRIDAY, MAY 27, 2016

0700	Onsite Registration Opens
0730 – 0830 Ballroom A&B	Buffet Breakfast
0830 – 0900 Ballroom A&B	BCHPCA Welcome – Lorraine Gerard, BCHPCA Executive Director First Nations Blessing – Elder Shane Pointe
0900 – 1000 Ballroom A&B	Introduction – Meg Milner, BCHPCA President It Takes a Compassionate Community: Palliative Care is Everyone’s Business Dr. Kathryn Downer , National Director Pallium Canada
1000 – 1030 Pre-function Lounge	Refreshment Break
1030 – 1200 Ballroom A&B	Introduction – Lorraine Gerard, BCHPCA Executive Director Moments of Life: Made Possible by Hospice Anita Brikman , Senior VP, Office of Strategic Communications, NHPCO
1200 -1330 Ballroom C	BCHPCA Annual Awards Luncheon
1330 – 1430 Ballroom A&B	Introduction – Sandi Armitage, BCHPCA Regional Director, North Hospice Palliative Care in BC: Today and Tomorrow Dr. Doris Barwich , Executive Director, BC Centre for Palliative Care
1430 – 1515 Ballroom A&B	Introduction – Elizabeth Beddard-Huber, Regional Director, Vancouver Coastal New Online Tools to Support Practice, Patients and Families Shelly Cory , Executive Director, Canadian Virtual Hospice
1515 – 1530 Pre-function Lounge	Refreshment Break
1530 – 1630 Ballroom A&B	BCHPCA Regional Meetings
1630 - 1730	Free Time
1730	Departure for Come Paddle With Us, Dinner Cruise (return approx.10:30PM)

PROGRAM AT A GLANCE

SATURDAY, MAY 28, 2016

0700	Onsite Registration Opens
0730 – 0830 Ballroom A&B	Buffet Breakfast
0830 – 0845 Ballroom A&B	Welcome Back Remarks – Meg Milner, President BCHPCA
0845 – 0930 Ballroom A&B	Introduction – Dr. Marylene Kyriazis, BCHPCA Vice-President An Update on Medical Assistance in Dying Dr. Heidi Oetter , Registrar, College of Physicians and Surgeons of BC
0930 – 1015	Breakout Session 1
1A Ballroom A&B	Introduction – Ruth Edwards, BCHPCA Regional Director, Interior More, Better and Earlier, Advance Care Planning Across BC Sue Grant , Communications Consultant, BC-ACP initiative, BC-CPC Laura Spencer , ACP Lead, BC-CPC
1B Richmond Room	Introduction – Meg Milner, BCHPCA President Building a Compassionate Community for Bereaved Families Through Music, Art and Play: The Camp Kerry Story Dr. Heather Mohan , Executive Director, Camp Kerry Society, and guests
1C Cambie Room	Introduction – Lorraine Gerard, BCHPCA Executive Director Executive Director and Leadership Development Erin O’Byrne , Knowledge Philanthropist, The Vantage Point
1015 -1045 Pre-function Lounge	Refreshment Break
1045 -1130	Breakout Session 2
2A Cambie Room	Introduction – Gretchen Hartley, BCHPCA Regional Director-Vancouver Island Advance Care Planning in the Comox Valley Barb Colwell, Joyce Kuhn, Barb Warren , Volunteers, Comox Valley Hospice Society
2B Richmond Room	Introduction – Jan Moreau, BCHPCA Regional Director-Provincial L3 – Let’s Live a Little: Development of a Young Adult Community Dr. Karen Cook and Guest presenters
2C Ballroom A&B	Introduction – Dr. Heather Mohan, BCHPCA Regional Director, Fraser The Power of Story: Making Hospice Connections Through Life Stories David Kennedy , Counselor, Hospice Peterborough
1130 – 1215	Breakout Session 3
3A Ballroom A&B	Introduction – Sandi Armitage, BCHPCA Regional Director, North Mission Impossible? Advance Care Planning is normalized, understood and desired. Dr. Joelle Bradley , Hospitalist, Royal Columbian Hospital Leslie Rodgers , Shared Care lead, Fraser-Northwest, Division of Family Practice

PROGRAM AT A GLANCE

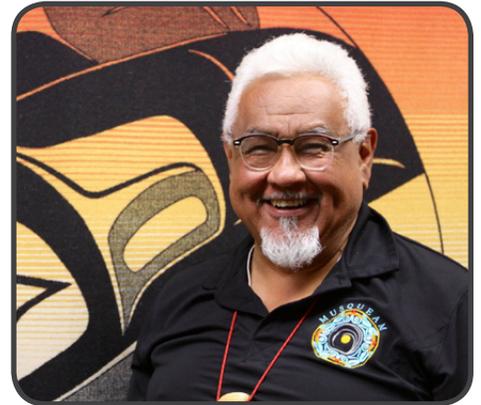
SATURDAY, MAY 28, 2016

<p>3B Cambie Room</p>	<p>Introduction – Ruth Edwards, BCHPCA Regional Director, Interior NCARE: An Upstream Partnership between Volunteers and Older Adults Living with Advanced Chronic Illness Dr. Barb Pesut, Faculty Member, School of Nursing, UBC-Okanagan</p>
<p>3C Richmond Room</p>	<p>Introduction – Lorraine Gerard, BCHPCA Executive Director Registering and Maintaining Charitable Status Bryan Millman – Associate, Charities and Tax Exempt Organizations, Bull Houser & Tupper, LLP</p>
<p>1215 – 1345 Ballroom C</p>	<p>Lunch and BCHPCA Annual General Meeting</p>
<p>1345 – 1430 Breakout Session 4</p>	
<p>4A Ballroom A&B</p>	<p>Introduction – Meg Milner, BCHPCA President Supporting Family Caregivers Using an Innovative Decision Guide Dr. Carole Robinson, Professor, School of Nursing, UBC-Okanagan</p>
<p>4B Cambie Room</p>	<p>Introduction – Gretchen Hartley, BCHPCA Regional Director, Vancouver Island The Nancy Chan Palliative Care Ambulatory Clinic Tammy Dyson, Social Worker, Home Hospice Team Vancouver BC; Mavis Friesen, Project Manager, Strategy Deployment Team at VCH; Sharon Salomons, Spiritual Care Practitioner, Home Hospice; Dr. Tim Sakaluk, Medical Director, Home Hospice, VCH and Ingrid See, Clinical Nurse Specialist, Home Hospice Team, Vancouver.</p>
<p>4C Richmond Room</p>	<p>Introduction – Dr. Heather Mohan, BCHPCA Regional Director, Fraser Seed Grants Dr. Eman Hassan, Co-Lead, Compassionate Communities Initiative and Seed Grant Programs, BC-CPC Terry Webber, Community Liaison, Seed Grant Program and Co-Lead Compassionate Communities Initiative, BC-CPC</p>
<p>1430 -1515 Breakout Session 5</p>	
<p>5A Richmond Room</p>	<p>Introduction – Jan Moreau, BCHPCA Regional Director, Provincial Goals of Care and Shared Decision Making: What does your Health Care Provider need to know? Dr. Doris Barwich, Executive Director, BC-CPC Judy Nichol, Regional Practice Leader, Interior Health, Professional Practice Office</p>
<p>5B Ballroom A&B</p>	<p>Introduction – Sandi Armitage, BCHPCA Regional Director, North Dying with Your Boots On Dr. Susan Burgess, Palliative Care Physician, DTES</p>
<p>5C Cambie Room</p>	<p>Introduction – Dr. Marylene Kyriazis, BCHPCA Vice President Introduction to Logic Modelss Terry Webber, Community Liaison, Seed Grant Program and Co-Lead Compassionate Communities Initiative, BC-CPC</p>
<p>1515 -1530 Ballroom A&B</p>	<p>Conference Closing</p>

PLENARY SESSIONS & PRESENTERS

First Nations Welcome & Blessing – Elder Shane Pointe

ELDER Shane Pointe is from the Point family and is a proud member of the Musqueam and Coast Salish people. He is a highly respected Musqueam community member, ceremonial traditional speaker and cultural educator. He provides protocol and ceremonial guidance for many cultural events – locally, nationally and internationally. He has worked in various capacities such as: Aboriginal Support Worker (AEEW VSB), Trial Support Coordinator for the Indian Residential School Survivors Society, Native Alcohol and Drug Awareness Program worker with the Musqueam Indian Band, in the Longhouse Leadership Program at the First Nations House of Learning (University of British Columbia), and most recently, he was appointed Aboriginal Elder-in-Residence and Knowledge-Keeper at the Vancouver School Board.



It Takes a Compassionate Community: Palliative Care is Everyone's Business

People living with life-threatening illness, their caregivers, and the bereaved are often segmented social groups, living their existences hidden and disenfranchised from the wider community. Outside of health services that deal with their immediate problems, these populations suffer from a range of other troubles that are separate but linked to their health and social circumstances –including loneliness, isolations, job loss, stigma, depression, anxiety and fear. Compassionate communities publicly recognize, and seek to support and care for one another, our vulnerable and often hidden community members at times of health crisis and personal loss. The Compassionate Communities model upholds principles of healthy communities where health is everyone's responsibility, and therefore palliative and end of life care is everyone's responsibility. This workshop will review the Big 7 checklist (Kellehear) that frame the development of compassionate communities, explore Canadian-made examples, and learn from one another how to promote activities/actions to nurture and build your compassionate community.



Dr. Kathryn Downer, National Director
Pallium Canada

Kathryn Downer, MSc, EdD, is the National Director of Pallium Canada, bringing over twenty years of professional expertise in NGO development, policy, grantmaking, adult education, and research across gerontology and hospice palliative care programs in Canada and the United States.

Dr. Downer is currently responsible for the design and development of interprofessional educational courseware, tools and resources to support palliative care community capacity building across urban and rural Canada. The foundational Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) courseware and the Pallium Palliative Pocketbook 2nd Ed. (available in both languages) provide nationally standardized, competency based, peer-reviewed continuing professional development and medical undergraduate /resident

training in palliative care essentials customized to general practice, Emergency Departments, Long-Term Care, Cancer Clinics, First Responder (Paramedics) and certain specialties. The Pallium App provides regional, provincial and national access to tools and resources.

Pallium Canada is also engaged in catalyzing palliative care Compassionate Communities (CC) by modelling a CC National Community of Practice promoting Compassionate corporations, schools and neighbourhoods/communities.

PLENARY SESSIONS & PRESENTERS (cont.)

Moments of Life: Made Possible by Hospice

The “Moments of Life” campaign was launched in May of 2014 by the National Hospice and Palliative Care Organization (NHPCO). As this public awareness, education, and engagement campaign celebrates its second anniversary, NHPCO communications executive Anita Brikman will share strategies and successes.

Her keynote presentation will address the grassroots aspects of the campaign, as well as the national public and media relations opportunities for breaking down myths and increasing understanding of hospice and palliative care.

Since its inception, “Moments of Life” has earned more than 10,000 media placements; the campaign PSA’s have aired more than 6,500 times on broadcast and cable stations across the US, with a potential audience of nearly 4.5 million viewers. The campaign has also received national recognition, with awards for message authenticity, online consumer engagement, and socially responsible marketing.

Anita will share some of the most popular “Moments” videos, and give examples of local providers leveraging their participation in community outreach. She will also share resources available at www.MomentsofLife.org, and provide campaign collateral and social media strategies that could be adopted in British Columbia and/or Canada.



Anita Brikman, Senior VP, Office of Strategic Communication

National Hospice and Palliative Care Organization (NHPCO)

Anita Brikman joined NHPCO in September of 2013 as the senior vice president of strategic communications and spokesperson for the national organization, which represents 1,600 hospice and palliative care providers with 3,400 locations across the United States, and more than 60,000 individual members. NHPCO’s affiliates, the National Hospice Foundation and Hospice Action Network, promote access to this end-of-life benefit and advocate to lawmakers and regulators about its vital importance to patients and families.

Prior to joining NHPCO, Ms. Brikman served as evening news anchor and health reporter at WUSA9, the CBS affiliate in Washington, DC. She also spent many years as the health reporter and anchor at 6ABC (“Action News”) in Philadelphia, PA. For nearly two decades, she focused primarily on medical journalism and the changing landscape of healthcare, with guest appearances on “Good Morning

America, Weekend Edition” and “The Doctors”. Anita also covered the medical relief mission on board the USNS Mercy hospital ship off the coast of Indonesia, following the devastating Indian Ocean tsunami in 2004.

For many years, Anita has also played an active role in the community promoting health-related philanthropic organizations. She was the spokesperson for the Leukemia & Lymphoma Society’s Capital Area fundraising campaigns in 2009, a long-time advocate of the American Heart Association’s Go Red for Women initiative, and the American Cancer Society’s Making Strides Against Breast Cancer honorary chair in Philadelphia. Anita currently serves on the board of directors for the National Kidney Foundation.

Anita is also a wife and mother to three children. Her family now calls Bethesda, Maryland home.

PLENARY SESSIONS & PRESENTERS (cont.)

Hospice Palliative Care in BC: Today & Tomorrow

With the current debate regarding options for care at end of life there is increased awareness of the need to expand access to Palliative Care services and supports. This presentation will provide an overview of some of the current challenges and opportunities around person, family, and community centred care for those living with serious illness. Hospice Palliative Care needs to be part of the continuum of care but with new models, new terminology and an expanding scope of care what should our priorities be?

The BC Centre for Palliative Care has been part of this debate at national and provincial levels. This presentation will focus on the various ways the Centre is providing leadership through its convening, collaborating and coordinating roles to create capacity that will ensure sustainable, innovative solutions going forward in the areas of Advance Care Planning, palliative care education and its Seed Grants program.



Dr. Doris Barwich, Executive Director

BC Centre for Palliative Care

Dr Doris Barwich is the Executive Director for the BC Centre for Palliative Care – a provincial hub for innovation in the areas of Advance Care Planning, system level support re palliative care initiatives and Compassionate Communities. She is an Associate Professor in the Division of Palliative Care, Department of Medicine at the University of British Columbia. Doris has been involved in several regional, provincial and national initiatives including leadership and research in the area of Advance Care Planning and various initiatives to support primary palliative care and received numerous awards for this work. As Past President of the Canadian Society for Palliative Care Physicians she has been very involved in the current national debate regarding Physician Hastened Death. She enjoys time with family, travel and seeing new places.

New Online Tools to Support Practice, Patients and Families

Indigenous people, immigrants, refugees, and the bereft are commonly underserved by the healthcare system. Through collaborations with over 90 pan-Canadian partners, including patients and family members, Canadian Virtual Hospice has recently launched new online tools steeped in the lived experience of members of these populations. These tools are designed to empower and support those living with advanced illness and their families and serve as rich educational tools for health professionals wishing to enhance their capacity to provide culturally safe and inclusive clinical care. LivingMyCulture.ca empowers Indigenous Canadians, immigrants and refugees by sharing the insights and wisdom of respected cultural leaders, people living with advanced illness and their families in this new video series. MyGrief.ca offers self-directed, online psycho-educative modules that complement existing services and are an accessible option for those who don't or can't access in-person services. This presentation will include a "walk through" of the tools: view videos, explore the MyGrief.ca modules, learn about early evaluation data and contribute to a discussion on how you can use these tools to support patients and families and improve your clinical practice. These tools were developed through the financial support of the Canadian Partnership Against Cancer.

PLENARY SESSIONS & PRESENTERS (cont.)



Shelly Cory, MA, Executive Director
Canadian Virtual Hospice

Shelly Cory is the Executive Director of the Canadian Virtual Hospice, Vice President of the International Centre for Dignity and Palliative Care and a Board member of Palliative Manitoba. She leads a virtual pan Canadian team of interdisciplinary palliative care providers, IT and communication experts. Under her leadership, Virtual Hospice has grown from a regional pilot project to the most comprehensive online knowledge management centre on palliative and end of life care, loss and grief in the world – as recently validated by Dr. Konrad Fassbender. Previously she served in senior management positions in the public and private sector including as the Senior Policy Advisor to the Minister with Special Responsibility for Palliative Care the Honourable Sharon Carstairs. She was awarded the Queen’s Diamond Jubilee Medal by the Canadian Home Care Association and the Canadian Caregiver Coalition for her work in palliative care.

An Update on Medical Assistance in Dying

Dr. Oetter will provide an overview of the College’s role in providing ethical and professional guidance to physicians who care for patients who express a desire to access medical assistance in dying. This will include a review of the College’s interim guidance on this matter until the repeal of the criminal code June 6, 2016. It is anticipated that federal law may be in place by the time of this conference, which would also be reviewed.



Dr. Heidi Oetter, MD, Registrar
College of Physicians and Surgeons of BC

Dr. Heidi Oetter has held the position of registrar of the College of Physicians and Surgeons of British Columbia since November 2008. In this role, she is accountable for ensuring compliance with statutory obligations, implementing and monitoring the policies and direction set forth by the Board, and managing the daily operations and administration of the College. Dr. Oetter led the College in its transition to the Health Professions Act, its new regulatory statute, in 2009.

For 18 years prior to joining the College, Dr. Oetter worked as a family physician in Coquitlam. Reflective of her strong interest in mental health, she was a member of the Department of Psychiatry and the Department of Family Practice at Royal Columbian Hospital. She is a past president of the British Columbia Medical Association (2001-2002), past president of the Federation of Medical Regulatory Authorities of Canada (2012-2013) and served as a BC representative on the Canadian Medical Protective Association Council. Dr. Oetter obtained her medical degree from the University of British Columbia in 1985.

BREAKOUT SESSIONS & PRESENTERS

Breakout Session 1

1A More, Better, and Earlier Advance Care Planning Across BC: 'Made in BC' Tools and Supports for the Public

BC's Advance Care Planning Initiative, under the auspices of the BC Centre for Palliative Care, has been at work crafting a new My Voice guide for Advance Care Planning in BC. This interactive session will give participants a sneak preview of the soon-to-be-published guide and will highlight ways to heighten the role of Advance Care Planning in our society. Other highlights of this workshop include information about the updated on-line tool for writing your own Advance Care Plan, requirements for Temporary Substitute Decision Makers, and how to promote the concept of Advance Care Planning in your family and your community.

Sue Grant, Communications Consultant, BC Advance Care Planning Initiative
BC Centre for Palliative Care

With a background in both nursing and broadcasting, Sue Grant has been active in developing Advance Care Planning programs and educating healthcare providers and the public on Advance Care Planning since 2004. She has worked for Fraser Health as their Advance Care Planning Project Coordinator, developed and taught Advance Care Planning curriculum for healthcare professionals, and has presented on Advance Care Planning both nationally and internationally. Sue's nursing experiences in varied acute care settings along with her personal experiences as a substitute decision maker and representative for family and friends, have convinced her of the value of Advance Care Planning.

Laura Spencer, ACP Lead, BC Advance Care Planning Initiative
BC Centre for Palliative Care

Laura Spencer is the Lead for the provincial Advance Care Planning Initiative with the BC Centre for Palliative Care. Since 2015, she and the initiative project management team has been working collaboratively with ACP leaders across the province to achieve more, better and earlier ACP and facilitating the implementation of a person-centred approach, including through ACP tools and resources aimed at health care providers and the public. Laura leverages her experiences in public policy and project management, most recently in Cancer Care Ontario in Toronto and prior with the Canadian International Development Agency in Guatemala. To date, she has been a volunteer and board member for the international healthcare charity Seva Canada, with a focus on capacity building and sustainability.

1B Building a Compassionate Community for Bereaved Families Through Music, Art and Play: The Camp Kerry Story

Using photographs, video images, narratives and live music performed by members of the Camp Kerry Community Choir, this presentation will illuminate the ways in which a compassionate community model of practice can benefit the health, well-being and healing processes of young families coping with grief and loss.

Dr. Heather Mohan, Executive Director
The Camp Kerry Society

Dr. Mohan Van Heerden is the Founder and Executive Director of the Camp Kerry Society; a registered Canadian charity that specializes in providing support and counselling for young families coping with life-threatening illness, grief and bereavement. Heather worked for five years as a Counsellor and Music Therapist with the Delta Hospice Society and prior to that for 13 years as the Coordinator of the Lions Gate Hospital Family Bereavement/Expressive Arts Therapy Program. In 1997, she developed the first music therapy

BREAKOUT SESSIONS & PRESENTERS (cont.)

program at Canuck Place (Canada's only free-standing hospice for children) – a program that is still in existence today.

Heather is a registered clinical counselor and an accredited music therapist with a Masters degree in Music Therapy and a PhD in Arts Education. She has been a Faculty member in the Graduate Counselling program at City University of Seattle and in the Music Therapy program at Capilano University and is currently an instructor in the UBC Department of Medicine (Division of Palliative Care). Heather has been invited to present her clinical work and research on music therapy, palliative and bereavement care at conferences around the world: in Canada, United States, New Zealand, Japan and Europe.

1C Executive Director and Leadership Development

Do you want to improve or implement a performance management process for your Executive Director? In this workshop, you will learn how to turn performance management into performance development for your Executive Director or Senior Leaders. This is a great opportunity to understand best practice around goal setting, annual reviews and how a Board of Directors can best support development of their leadership roles.

Erin O'Byrne, Knowledge Philanthropist

The Vantage Point, Vancouver, BC

Erin O'Byrne has over 9 years' experience in HR. Currently as a Learning Specialist for a health authority, she focuses on staff development and performance management. Also as Director for a mental health charity board, she oversees Executive Director development. She recently worked in London, England for 6 years in a variety of Learning & Development roles. While abroad Erin also obtained her HR qualifications through the CIPD. She also spent time in Ireland working for a Leadership Development agency. Prior to her move abroad, Erin worked at a Vancouver charity to set up a pilot year of a mentoring program for immigrant women. She also worked in various employment programs helping high-risk youth with their career development. When not at work Erin can be found in a yoga class, pottery studio or enjoying time by the ocean.

Breakout Session 2

2A Advance Care Planning in the Comox Valley

Our Story offers perspectives on building a volunteer based Advance Care Planning community engagement program. From describing how to begin to creating robust community partnerships to visioning how to create a community culture shift the team hopes to ensure each of us gets what we want when we are dying. The workshop will offer ideas on what has worked well coupled with the challenges and opportunities faced along the journey and in to the future.

Barb Warren

Barb Warren has a Master's in Nursing and a four decade career focused on caring for individuals with a life threatening illness. She began as Clinical Nurse Specialist at the British Columbia Cancer Agency where she worked with individuals faced with advanced disease as they transitioned from active treatment aimed at cure, to palliative treatments and support while dying. Upon her retirement as the VIHA North Island Manager of Home & Community Care in 2010, she joined the Comox Valley Hospice Society staff and, since last summer, as a volunteer ACP workshop facilitator.

BREAKOUT SESSIONS & PRESENTERS (cont.)

Joyce Kuhn

Joyce Kuhn is a Registered Nurse with a background in Critical Care and a volunteer facilitator for ACP workshops in the Comox Valley. After experiencing the process of what families go through to make decisions regarding initiating, continuing, or stopping life support for loved ones who are too sick to speak for themselves she enjoys the opportunity to ease this process for all of us.

Barb Colwell

Barb Colwell has 35+ years as an educator and counsellor and a volunteer facilitator for ACP workshops in the Comox Valley. She has a background in public education, private counselling, presentations in areas of stress, anxiety, grief and loss. She brings this professional experience plus personal experience in making life and death decisions for a loved one to the workshops.

2B L3: Let's Live a Little: Development of a Young Adult Community

Young adults with life limiting conditions are a growing population that will benefit from a palliative approach to care and compassionate community development. There are few models for this in North America. For young adults, a compassionate community will encompass their peers and friends, social events, colleges and universities, sports and arts programs, social media, the health care sector, employers, leisure programs, spiritual communities, housing and funding initiatives, and social service groups.

Working with a team of young adults and community partners, we have launched L3: Let's Live a Little! to develop social and community support for young adults with life limiting conditions. It is our hope that developing a compassionate community for young adults will sustain their resilience to overcome extraordinary challenges. In this presentation we will discuss our journey from idea to launch, challenges, and next steps. Some of the young adults who are founding members and developers of L3 are co-presenting this workshop.

Karen Cook, PhD, RCC, RN

Assistant Professor, Faculty of Health Disciplines, Athabasca University

I am nurse, researcher and family therapist. My clinical experience includes palliative home care for adults and children, specialized pediatric hospice care, and community bereavement programming.

My current research and practice is focused on developing a public health palliative approach to care for young adults with progressive and life limiting conditions that will support their dreams, and maximize their opportunities to achieve their goals. Working with a team of young adults and community partners, we have launched L3: Let's Live a Little! to develop social and community support for these young adults. It is my hope that developing a compassionate community of care for these young adults will sustain their resilience to overcome extraordinary challenges.

2C The Power of Story: Making Hospice Connections through Life Stories

This workshop will focus on the power of storytelling to engage our communities and educate people about the work of Hospice. The workshop will examine the crucial aspects of how to do this ethically and effectively. Participants will become aware of the power of the individual's story in developing a hospice promotional video and the importance of understanding that fundamentally the video will not tell the organization's story but the individual's story. The workshop will identify appropriate goals for video media and the process of determining what stories get chosen and how the stories are told. The video created for Hospice Peterborough will be the foundation for the discussion and we will explore how the video is currently being used to advance the Every Moment Matters Campaign and to engage the community and health care professionals in the work of Hospice.

BREAKOUT SESSIONS & PRESENTERS (cont.)

David Kennedy

David Kennedy lives and works in Peterborough, Ontario. He is an accomplished facilitator and presenter who brings a wonderful combination of theory, skilled knowledge and life experience. David has worked professionally in various fields including Health, Education, Grief Counselling and Hospice. David serves as adjunct faculty for the Canadian Centre for Bereavement Education and Counselling as part of programs offered by the Department of Social Work University of Toronto and teaches a course on *Cultural, Philosophical and Spiritual Issues in Death and Dying*. In 2008, David joined Hospice Peterborough as Bereavement Coordinator and Spiritual Care Director. In this capacity he oversees the bereavement aspects of Hospice Peterborough working with children, teens and adults as well as community education. He also provides support for those actively dying and their families.

Breakout Session 3

3A Mission Impossible? Advance Care Planning is normalized, understood and desired.

A single stone tossed into a pond produces a few quickly-dispersed ripples. But when many people toss stones together, they set up a synergy – a ripple effect that can change the very nature of the pond. Using evocative images, narrative and practical tips, Dr. Joelle Bradley and Leslie Rodgers will weave the story of how the Fraser Northwest Division of Family Practice is attaining a vision where Advance Care Planning is normalized, understood and desired. Come and share the ripple effect of this community-based model. Mission Possible!

Dr. Joelle Bradley

Dr. Joelle Bradley is a hospitalist at the Royal Columbian Hospital. Since 2012 she has spent much of her evenings and weekends championing Advance Care Planning (ACP). As the physician lead for the Fraser Northwest Division of Family Practice ACP initiative, she is committed to her vision that everyone in her community to begin their ACP journey. Keen to promote social change, she looks for creative ways to inspire people to engage in their own ACP. For example, she won a national contest with her presentation, "Could ACP be like art?". For her local community in 2015 she presented at the New Westminster Pecha Kucha festival and led a highly successful and innovative ACP Fair. As for her health care provider (HCP) colleagues, she has assembled a group of influential peers to promote ACP. This HCP team started the ACP Selfie project, are hosting an ACP Day 2016 event in the lobby of the RCH and have endeavoured in a much needed quality improvement project. Her other interests include being the physician lead for the MDs4Wellness group, training as a life coach, Crossfitting and loving all things retro.

Leslie Rodgers

Leslie Rodgers is the Shared Care Lead for the Fraser Northwest Division of Family Practice, comprised of family physicians in New Westminster, Coquitlam, Port Coquitlam, Port Moody and parts of Burnaby. Since 2013, the Division's Advance Care Planning (ACP) initiative has been a major focus for Leslie. She supports ACP Physician Lead Dr. Joelle Bradley in bringing the ACP vision to reality.

BREAKOUT SESSIONS & PRESENTERS (cont.)

3B NCARE: An upstream partnership between volunteers and older adults living with advanced chronic illness.

Older adults living with advanced chronic illness at home often experience poor quality of life because of lack of support. In innovative person-centred approach is the provision of navigation services, where trained volunteer navigators advocate, facilitate community connections, coordinate access to services/resources, and promote active engagement of older adults with their community (NCARE: navigation–connecting, accessing, resourcing and engaging). In this session, we will share preliminary findings from the NCARE pilot study where volunteers, trained in navigation, provided in-home services to older adults and family living with advanced chronic illness. This partnership model holds promise for improving the quality of life for older adults by increasing support early in the palliative trajectory while developing new and satisfying roles for hospice volunteers.

Barbara Pesut, PhD, RN

Barbara Pesut is a faculty member in the School of Nursing at the University of British Columbia, Okanagan campus and holds a Canada Research Chair in Health, Ethics and Diversity. Her program of research seeks to improve care for older adults living with advancing chronic illness with a specific focus on rural populations.

3C Registering and Maintaining Charitable Status

Have you ever wondered what the difference is between a society and charity? Or if a charitable organization and a public foundation are the same thing? This session will clarify the true legal meaning of such terms and provide greater clarity on the players that comprise the not-for-profit sector. In addition, this session will outline the legal requirements and process necessary to become a Canadian registered charity. Lastly, the session will go on to describe the rights conferred upon registered charities and the obligations that must be met to maintain charitable status.

Bryan Millman, Associate, Charities + Tax Exempt Organizations

Bull, Housser & Tupper LLP

Bryan is lawyer at Bull Housser in Vancouver with a focus on the law surrounding charities and other entities in the voluntary sector. He provides advice on matters related to the establishment, administration and regulation of charities, societies and other not-for-profit and tax-exempt organizations in Canada.

Breakout Session 4

4A Supporting Family Caregivers Using an Innovative Decision Guide

Development and implementation of an innovative decision guide for family caregivers of someone with advanced chronic illness will be discussed. The guide was developed through a series of research projects and then implemented in both rural and urban settings with in-person and distance support. The aim of the guide is to assist family caregivers through education and preparation and evaluation has shown it to be a useful resource for both family caregivers and providers.

Dr. Carole Robinson

Dr. Carole Robinson is a Professor in the School of Nursing at the University of British Columbia, Okanagan campus. Her research focuses on assisting family members to care and live well when caregiving for someone with advanced chronic illness.

BREAKOUT SESSIONS & PRESENTERS (cont.)

4B The Nancy Chan Palliative Care Ambulatory Clinic

A legacy. Something that will benefit patients and families who are living at home with a life limiting illness. These were the thoughts of Erica Chan, daughter of Nancy Chan, part of a prominent Vancouver family whose donation supported the development of the Nancy Chan Palliative Care Ambulatory Clinic. The clinic offers a multi-disciplinary team, including a palliative care physician, clinical nurse specialist, social worker, and spiritual care practitioner, making it easier for clients and their families to get the care that they need in one location. This presentation highlights the development of the clinic, including the challenges and benefits, and the role of the clinic within the Vancouver home care system.

Tammy Dyson, MSW, RCSW

Tammy Dyson is a Social Worker on the Home Hospice Team in Vancouver, BC. Tammy has worked in the field of end of life in British Columbia and the Bay Area, California for over 15 years in community, acute, Hospice and residential care settings.. In addition to being a psychosocial consultant and frontline clinician, Tammy has taught and facilitated topics related to end-of-life including Advance Care Planning, Practical and Emotional care in final days of life, and grief to all audiences. Tammy has co-authored the Fraser Health Authority clinical guidelines on Psychosocial Care in End of Life and Palliative Sedation Therapy. specifically focused around cultural competency and end of life care.

Mavis Friesen, RN, BScN

Mavis Friesen is a Project Manager with the Strategy Deployment Team at VCH. She has a background in Clinical Operations Management in both Acute and Community Health in the lower mainland. Mavis' role is focused on supporting the implementation of new initiatives in acute and community-based services in Vancouver. Mavis was the project manager for the Nancy Chan Palliative Care Ambulatory Clinic.

Sharon Salomons

Sharon Salomons is the Spiritual Care Practitioner with the Home Hospice Team including the Nancy Chan Palliative Care Ambulatory Clinic. She has a background in spiritual care in a variety of health care settings, spiritual leadership and counselling. She is a registered clinical counsellor as well as an ordained Anglican priest. Her experience with end-of-life care includes work in residential and acute care facilities as a spiritual care practitioner.

Dr. Tim Sakaluk

Dr. Tim Sakaluk originally trained as a family physician. He completed a palliative care fellowship at Victoria hospice in 2005 and has since been working in the lower mainland. Tim currently works both in the community seeing clients in their home and in acute care at Vancouver General Hospital. He is the medical director for Vancouver's home hospice palliative care services including the Nancy Chan Palliative Care Ambulatory Clinic.

Ingrid See, RN, BSN, MEd, CHPCN

Ingrid See is a Clinical Nurse Specialist with the Home Hospice Team in Vancouver, BC. Ingrid has a background in home care nursing and has worked extensively as a Clinical Nurse Specialist in palliative care for many years in the community, acute, and residential care settings. Her role is to help mentor staff and improve clinical knowledge and standards of practice in palliative care. Ingrid has a keen interest in developing education materials specifically focused around cultural competency and end of life care; Ingrid is the clinical lead for the Nancy Chan Palliative Care Ambulatory Clinic.

BREAKOUT SESSIONS & PRESENTERS (cont.)

4C Seed Grants

Communities play a central role in supporting patients and families experiencing issues related to serious or life-limiting illness. A Seed Grant program was launched in February 2016 to support hospice societies and empower communities to partner in advance care planning and palliative care awareness and education and build communities of care throughout BC.

More than 20 hospice societies have been identified during the inaugural funding cycle to receive seed grants, coaching and resources to enable community-based initiatives that support palliative care close to home.

In this session, the co-leads of the Seed Grant Program at the BC Centre for Palliative Care will present selected successful project ideas from the first funding competition and provide information about future seed grant opportunities. If your hospice society is seeking a funding opportunity for a project that will improve the end of life experience in your community, you definitely don't want to miss this session!

Eman Hassan, MD, MPH, PhDc

Dr. Eman Hassan is a public health physician and consultant with more than 15 years of experience leading projects in health authorities and renowned research institutions in BC such as Vancouver Coastal Health Authority, Michael Smith Foundation for Health Research and BC Family and Child Research Institute. Her areas of expertise are focused on public health interventions, program and system evaluation and health services research. In addition to her medical degree, Dr. Hassan has a Masters of Public Health (UBC), completed a Graduate Fellowship program – awarded by CIHR – at the Western Training Centre for Health Services Research, and is currently pursuing a PhD with UBC's School of Population Health. Dr. Hassan received notable awards for her research and published in leading medical journals.

At the BC Centre for Palliative Care, Dr. Hassan serves as the Co-Lead for the Compassionate Communities initiative and Seed Grant Program and the Evaluation Lead for the provincial Advance Care Planning Initiative. Dr. Hassan is the author of a white paper commissioned by the BC Centre for Palliative Care in 2015 named, *the Public Health Approach to Palliative Care: Principles, Models, and International Perspectives*.

Terry Webber, RN, RPN, CHPCH (C)

Terry is a registered nurse, registered psychiatric nurse having worked in numerous hospital and community settings including critical care. She continues as a palliative care nurse clinician with the Fraser Health Authority. She has also co-authored several palliative care nursing articles. In her spare time, Terry has used her nursing skills to provide volunteer support to non-profit organizations in community development work. Terry was honored to receive the 2014, "CRNBC Award for Nursing Excellence in Clinical Practice."

She has been with the BC Center for Palliative Care since 2015, currently acting as the community liaison with the Seed Grant Program and co-lead for the Centers Compassionate Community Initiative. Her passion is in community development and education to promote person centered care for people affected by advancing serious illness, including their family caregivers.

Breakout Session 5

5A Goals of Care and Shared Decision Making: What Does your Health Care Provider Need to Know?

This session will discuss ways to equip patients, families and substitute decision makers to be active participants in health care decision making to ensure patient's wishes and/or instructions regarding h/her healthcare and end-of-life care are incorporated into care planning in all sectors of care.

BREAKOUT SESSIONS & PRESENTERS (cont.)

Ensuring a seamless transition between Advance Care Planning (ACP), Goals of Care conversations and appropriate documentation (e.g. MOST) is an important strategy to ensure appropriate plans of care for those living with serious illness throughout BC.

All health regions in BC have implemented the Medical Orders for Scope of Treatment (or MOST form) designed to enable health care providers to record the outcomes of Goals of Care conversations and ensure access to critical information across all care settings. It is well recognized that Medical Orders for Scope of Treatment (MOST), or Goals of Care orders, emphasize person centred decision making and promote conversations about changing goals of care throughout the trajectory of illness. Progress towards harmonizing regional ACP and MOST policies under the leadership of the BC Centre for Palliative Care will be discussed and the experience of one health authority (Interior Health) to implement actionable medical orders with the intent of reducing either under or over treatment will be used to highlight opportunities for input throughout the trajectory of care.

Dr. Doris Barwich

Dr. Doris Barwich is the Executive Director for the BC Centre for Palliative Care – a provincial hub for innovation in the areas of Advance Care Planning, system level support re palliative care initiatives and Compassionate Communities. She is an Associate Professor in the Division of Palliative Care, Department of Medicine at the University of British Columbia. Doris has been involved in several regional, provincial and national initiatives including leadership and research in the area of Advance Care Planning and various initiatives to support primary palliative care and received numerous awards for this work. As Past President of the Canadian Society for Palliative Care Physicians she has been very involved in the current national debate regarding Physician Hastened Death. She enjoys time with family, travel and seeing new places.

Judy Nicol

Judy Nicol is a Regional Practice Leader with the Interior Health (IH) Professional Practice Office. Her primary focus of work is clinical ethics, and is chair of the IH Clinical Ethics Committee. Her clinical background is Social Work and work in the acute, residential, mental health and community health care settings prior to shifting into the realm of quality, risk management and professional practice. In 2011 she was the IH Lead for the Provincial Advance Care Planning Initiative, and over the past few years focused on the development and implementation of the Medical Orders for Scope of Treatment (MOST) and Advance Care Planning (ACP) Policy for Interior Health (IH). MOST launched in 2015 across all IH care settings, including primary physician offices with an electronic solution to communicate scope of treatment orders in the patient's health record (Meditech) to ensure critical MOST information is accessible in order to improve the delivery of care, and reduce either under or over treatment.

5B Dying with Your Boots On

This session will explore how we engage- or fail to engage- with people at the end of their lives who are also living 'on the margins'. What can palliative care offer those who live with homelessness, isolation, mental illness and/or addictions? In an interactive format, we will explore our own barriers to delivering care to those "Dying with their Boots On".

Dr. Susan Burgess

Dr. Susan Burgess has been privileged to provide palliative care to Vancouver's Inner City since 1994. She is a consultant with the Vancouver Coastal Health Home Hospice program and works at May's Place and Cottage Hospices. She provides outreach to the DTES to those who are unable to access more traditional medical care. She is a Clinical Assistant Professor in the Departments of Family and Community Medicine and the Department of Palliative Medicine at UBC.

BREAKOUT SESSIONS & PRESENTERS (cont.)

5C Introduction to Logic Models

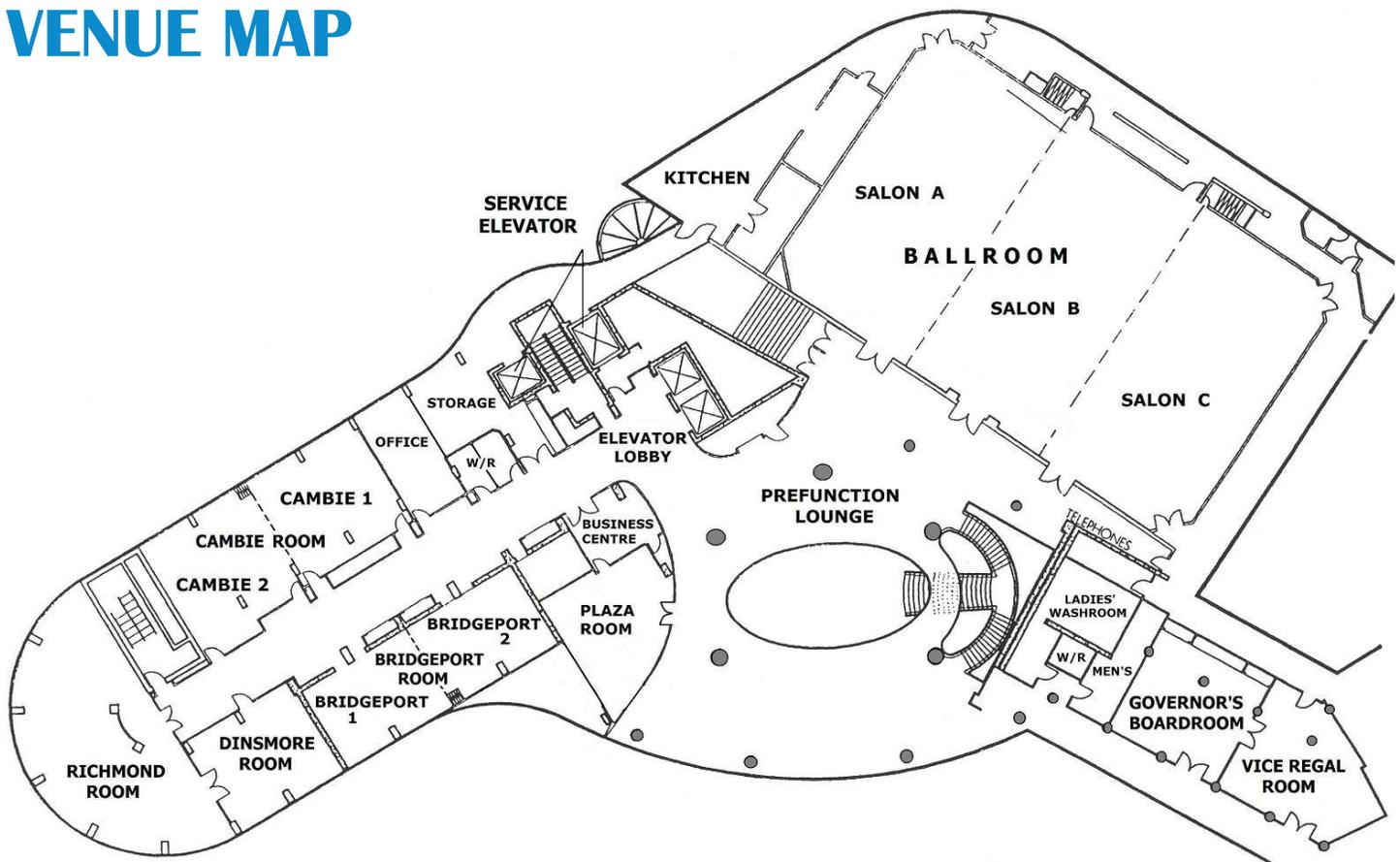
Logic models provide a way of thinking, planning, evaluating, presenting and supporting an organization's project work. Too bad that it is often perceived as cumbersome and labor intensive! Participants will practice using the Logic Model in an exercise called "Let's Bake a Cake", and be able to translate this learning into 'cooking up' the best programs to serve to their communities using this tool.

Terry Webber, R.N. R.P.N. CHPCH (C)

Terry is a registered nurse, registered psychiatric nurse having worked in numerous hospital and community settings including critical care. She continues as a palliative care nurse clinician with the Fraser Health Authority. She has also co-authored several palliative care nursing articles. In her spare time, Terry has used her nursing skills to provide volunteer support to non-profit organizations in community development work. Terry was honored to receive the 2014, "CRNBC Award for Nursing Excellence in Clinical Practice."

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