

# **CORONAVIRUS - 19 MEMBER NOTICE**



### Dear Members,

As our federal government closes our borders to non-Canadian citizens (non-exhaustive) and our province has recently increased BC's total COVID-19 cases to 103, the virus progresses.

This is a very concerning time, particularly for people with severe conditions, facing end of life and hospice palliative care needs, and their families.

More than ever, the palliative care providers are in demand to care for the most vulnerable and isolated and to ensure their concerns, fears and hopes are heard.

As members, we are all care ambassadors who promote and engage in compassionate responses in our communities. You support our health care system to ensure dignity for people at end of life.

We share a concern for both the physical and mental health of those receiving hospice palliative care, their families and health care providers, as we face this COVID-19 pandemic.

We are confident in the leadership that hospice palliative care societies in BC exhibit in providing compassionate care to the most vulnerable within our communities. With information flowing rapidly surrounding COVID-19, here are some tips to keep in mind.

The first line of defence (according to information provided to the public by the BC Centre for Disease Control, Health Canada and the World Health Organization) is to:

- Wash your hands frequently with soap and water for at least 20 seconds
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Avoid close contact with people who are sick and stay at home if you are sick
- Cover your mouth and nose with a tissue when you cough or sneeze, then throw
  the tissue in the trash and wash your hands, or sneeze into your elbow
- Stay home if you are not well and seek medical advice if necessary (call 8-1-1)
- If you have returned to Canada from another country, please stay home for a period of 14 days

Also, the World Hospice Palliative Care Association will be hosting a webinar on Coronavirus and people with serious conditions and underlying health issues (with a focus on people with palliative care needs) on Friday, March 20<sup>th</sup> at 2:00 pm (7:00 am PST). We highly suggest logging in 15 minutes before ensuring access at <a href="https://zoom.us/j/194141788">https://zoom.us/j/194141788</a>. More details below.

At BCHPCA, we will continue to monitor the ever-changing pandemic of COVID-19 and provide periodic updates as things progress.

Regards,

#### **BCHPCA Board of Directors**



### **Webinar on Coronavirus**

This webinar has been initiated by people with, or affected by, serious conditions, and is aimed at people living with serious illness and their families, as well as healthcare workers worldwide. The purpose is to provide the latest information on, and experiences relating to coronavirus as it affects people with serious conditions and underlying health issues, with a focus on people with palliative care needs

Speakers will include Marie-Charlotte Bouesseau from the World Health Organization and people living with palliative care needs.

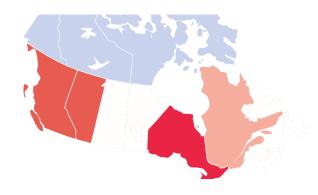
**More information** 

### **Further Resources:**

CBC - What you need to know

**BC Centre for Disease Control** 

**HealthLinkBC** 



# BC Hospice Palliative Care Association

Unit 1100 - 1200 West 73rd Ave, Vancouver, BC V6P 6G5 Office: 604-267-7024 Toll-free: 1-877-410-6297 office@bchpca.org

\*\*\*We respectfully acknowledge that we work on the ancestral, traditional, and unceded lands of the Coast Salish Peoples, including the territories of the Musqueam, Squamish, and Tsleil-Waututh Nations.\*\*\*

## **WHO WE ARE**

BC Hospice Palliative Care Association is a not-forprofit, membership organization, which has been representing individuals and organizations committed to promoting and delivering hospice/palliative care to British Columbians since 1986.

We are focused on Advocacy, Education, Membership Support and Public Awareness.

### www.bchpca.org







# **BCHPCA** is proud to represent the Hospice Palliative Care Community of BC

## **Content Disclaimer:**

The BC Hospice Palliative Care Association does not necessarily endorse organizations or companies mentioned in this communication, or the views, products, or services they offer.